



APPENDIX TO RULES FOR CHILDREN'S COMPETITIONS

Children's competition is a part of play and shall always take place on the child's own terms.

KUMITE

1. Rules for children apply to children aged **7–13 years**, categories by age and length, and / or U14 (12-13 yrs) weight categories.
 3. Requalification is allowed and at the discretion of the organizer. Requalification shall be specified in the competition invitation.
 4. Glasses are not allowed in kumite competitions. Gum shields are mandatory.
 5. The use of metallic teeth braces must be approved by the Referee (Shushin) and the Official Doctor, on the condition that the contestant accepts full responsibility for any injury.
 6. Attacks to the Chudan, i.e. the abdomen, chest, back and side, shall be performed with maximum restraint. All exaggerated body contact is prohibited. The concept of a *very light touch* (known as a "skin touch") shall be used in attacks to the Chudan. Techniques used in attacks to these areas shall preferably be performed without contact. In categories 7-13 yrs by age & length **NO contact to Jodan** is allowed.
- For **U14 and Cadet's it's allowed to make light skin touch (no impact) to Jodan**, according to WKF-rules Art.8 p 8.8
7. When awarding points or issuing warnings, penalties etc. the referees shall state the Japanese terms and the corresponding Swedish expressions. The children must be able to understand the referee's instructions.
 8. Existing WKF regulations for U14, Cadets and Juniors shall be applied in Swedish competitions for all ages in children's kumite, with the following exceptions:

*Contact with Jodan, i.e. the face, head and throat/neck are **prohibited** for the age 7 – 13 years if the category are divided in age-group and length. Upon the slightest contact with Jodan, the competitor initiating the contact shall be warned, penalized or disqualified. If a mitt or foot protector touches its target with even a so-called "very light" or "skin" touch, the penalty scale specified in Article 9 shall be applied. Referees shall ensure strict application of the penalty scale for even the lightest contact.*

MATCH AREA, MATCH TIME AND PROTECTIVE EQUIPMENT FOR GIRLS/BOYS 7 TO 13 YEARS:

Match area

Minimum: 6 x 6 m. / Maximum: 8 x 8 m.

Match time

1 1/2 min. match.

Protective equipment

WKF-approved helmet and external body protector are mandatory in all categories. One contestant will wear red mitts and a red belt (Aka), and the other will wear blue mitts and a blue belt (Ao).

Red/blue foot and shin protectors are mandatory. Gum shields are mandatory. For U14 and 12-13 yrs by age/length it's also mandatory with groin guard for boys, and chest protector (inside) for girls.

KATA

1. Kata rules for children apply to children aged 7–13 years or 7-11 years, when divided in age groups.
Or U14 (12-13 yrs)
2. Existing WKF regulations for Swedish competitions shall be applied for all ages in children's kata, with the following exceptions:
 - a. Contestants are allowed to wear glasses and/or hearing aid during kata competitions.
 - b. Contestants shall be able to perform the kata of their choice in all rounds.
 - c. A previously performed kata may be repeated.
 - d. No Bunkai in team kata.
 - e. Mixed kata teams are allowed.
 - f. If a contestant performs a different kata than the one specified, or interrupts the kata, the contestant will receive a chance to start again. Referees and judges shall ignore the unsuccessful kata. The judgment of the new kata shall be carried out as if the kata were the first one performed. The unsuccessful kata shall not be taken into account. If the contestant does not succeed the second time when performing the kata, he or she shall not be disqualified. However, it is not possible for the contestant to win the match.
 - g. Two competitors are allowed to enter the tatami at the same time. This is at the discretion of the organizer but must be stated in the competition invitation.

OTHER RULES

- Prior to the start of a class/division competition, referees shall gather all competitors. In the most child-friendly way possible, the referees shall explain the rules of competition and shall also make themselves available to answer questions from competitors, leaders and/or parents.
- Coaches, competitors and referees shall adhere to WKF rules for Swedish competitions and any exceptions or additions to these rules as stipulated in SKF's approved Appendix to Coaching Rules for children's competitions.
- Organizers for children's competitions are allowed to mark loan belts with the competition name or logo. No other exceptions to belt marking are permitted.
- All participants in the competition are obligated to know and understand the applicable SKF rules for competition.
- In kumite, competitors are classified according to age and height. Each class shall be divided into two groups based on average height. Each competitor's height shall be stated for the organizer on the registration form.
- Girls and boys may not be mixed (i.e. compete against each other) in kata or kumite (does not apply to mixed-team kata).
- All competitors must receive proof of participation, e.g. a certificate, T-shirt or similar. It is very important to create an atmosphere of friendship and camaraderie for the competition. Awards ceremonies shall take place after the completion of each class/division. The competition periods must not be excessively long with an uncertain waiting time for ceremonies.

Age requirements, Kata and Kumite, if U14 is not the used category:

One the day of competition, at least 7 years of age and not more than 13 years of age.

Classes, Kata, girls/boys:

7 years, 8 years, 9 years, 10 years, 11 years, 12 years and 13 years.

Classes, Kumite, girls/boys:

7 years, 8 years, 9 years, 10 years, 11 years, 12 years and 13 years.

Mixed-team Kata:

7 to 13 years (classification at the discretion of the organizer).

Team Kumite: 7 years, 8 years, 9 years, 10 years, 11 years, 12 years and 13 years.

Note! Kumite teams may not consist of mixed ages or mixed girls and boys.